

## SKILLS FOR LIFE

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**Representation of philanthropists to conduct due diligence, identify and structure creative game-changing principal level philanthropic investment, define stewardship and recognition, consult on gift agreement, and monitor adherence and implementation.**



Skills For Life, a youth-focused registered charity in Toronto, Canada, serving hundreds of youth every year, is based on a vision that every young person has the confidence, skills, and opportunities to reach their full potential. Impact and outcomes are measured by stronger life skills, increased confidence, improved academic pathways, and more opportunities for youth to thrive.

Programs are designed to support youth at every stage of their personal and professional journey. A wholistic approach, combining life skills training, mentorship, mental, emotional, and physical well-being, and sport-based learning, is combined to create engaging, real-world experiences that build confidence, resilience, healthy habits, financial literacy, communication, and leadership skills. Programs provide youth with practical tools, supportive relationships, and safe community spaces where they can set goals, explore opportunities, and thrive in school, work, and life.

Foundational to all is the “Mindset Growth Model,” which amplifies the importance of continuous learning and self-discovery, founded on the principles of exploring, confronting, and moving past failure to build on key transferable skills that can be practically applied to daily life.

Committed to breaking down barriers, Skills For Life offers free, accessible, inclusive, community-driven programs that ensure youth from all backgrounds have access to the tools, resources, and networks they need to succeed. In doing so they connect people, groups, and organizations to build strong partnerships and enhance civic engagement.

Three programmatic streams are designed to educate youth on the importance of Life Skills development, while helping them plan their future, goals, and achieve real-world success.



**Discover Your Path** is a life skills focused program that helps youth build confidence, set meaningful goals, and develop the tools needed to succeed in school, work, and everyday life. Through interactive workshops, mentorship, and guided goal setting, participants strengthen leadership, communication, financial literacy, and decision-making skills while working toward personal and professional growth. Discover your Path runs in three main programs:

- In School Program
- After School Program
- Digital Discovery Program

The **New Age Mentorship** program connects youth with experienced young adult mentors who provide guidance, support, and real-world insight. Through one-on-one mentorship, group sessions, and goal-focused programming, participants explore personal development, career pathways, and entrepreneurship while building confidence, accountability, and direction for their future. New Age Mentorship has two main tracks:

- Year Long General Stream
- YES Cohort (in partnership with Federation of Black Canadians)

**Skills at Work** is a workforce readiness and employment program that supports youth in developing practical job skills, strong work habits, and real-world experience. Through hands-on training, life skills education, and paid work opportunities, youth build confidence, gain employability skills, and prepare for long-term career success while contributing positively to their community.

Skills At Work has two main categories:

- Workshops
- Employment Incubator

S. Sutton & Associates Inc. was honored to represent these philanthropists by conducting due diligence, identifying, and structuring a creative game-changing principal level philanthropic investment, define stewardship and recognition, advise on components of the gift agreement, and monitor adherence and implementation.

